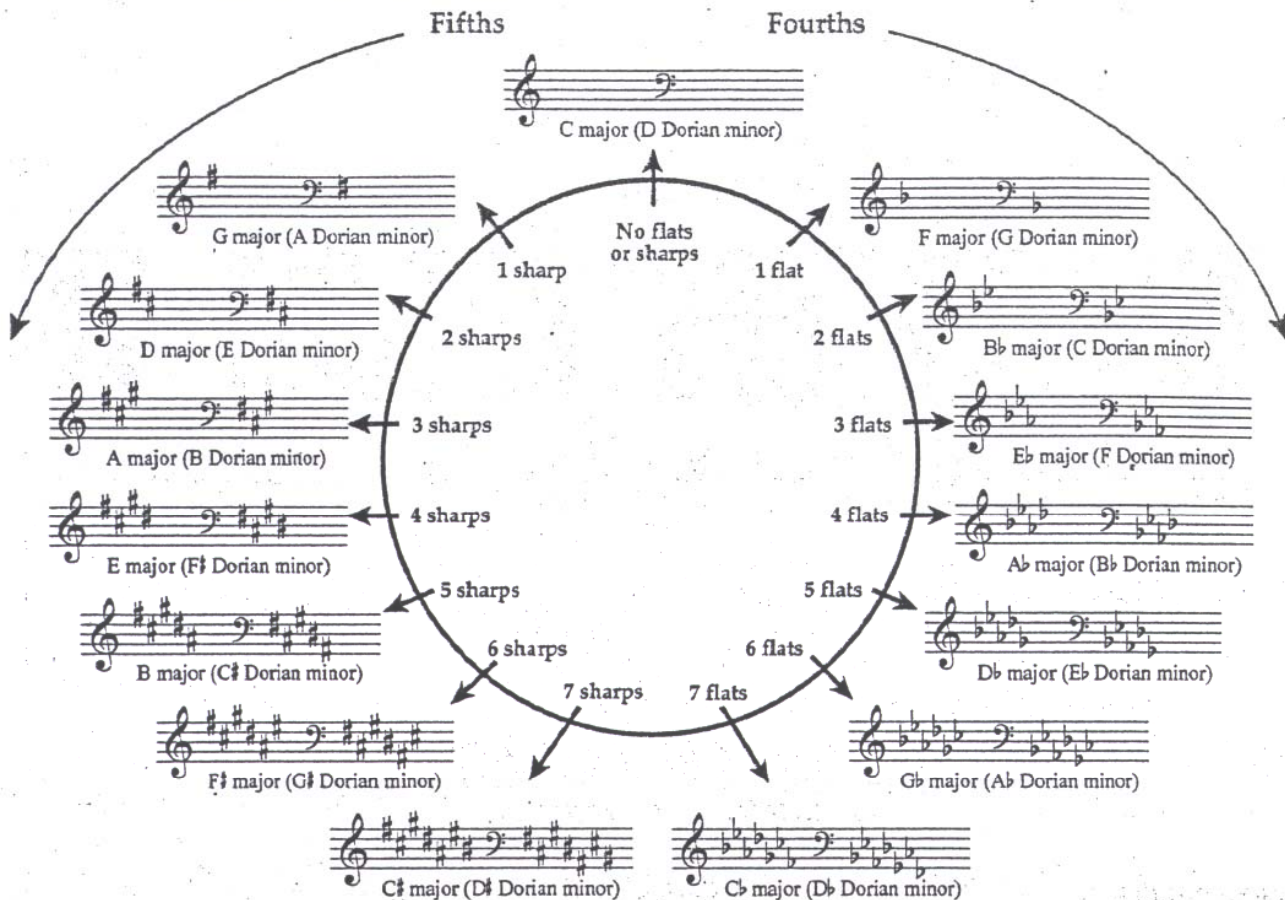


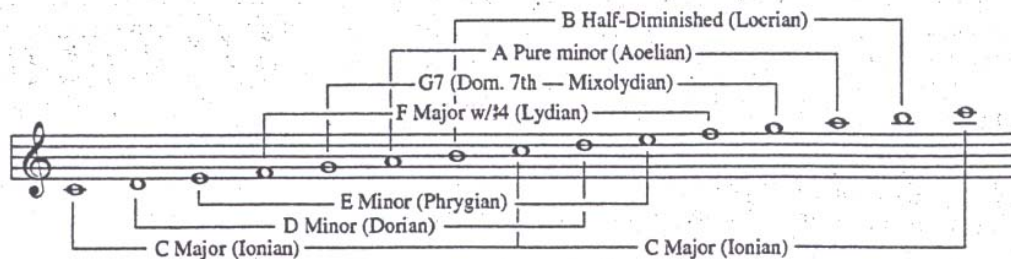
THE CIRCLE or CYCLE of FOURTHS

The "CIRCLE of FOURTHS" can also be called the "Circle of Fifths" or just "The Cycle." Practicing the scales, chords, and ideas in general via the cycle has been a common practice routine for jazz musicians and is highly recommended. It is a disciplined way of working through all twelve keys. Plus, many bass root movements to jazz and pop songs move through sections of the cycle.



SCALES/MODES BASED ON MAJOR SCALE

Outlined below is a chart listing the seven scales (sometimes called Modes) that combine to form our major scale. The names in parenthesis are derived from early Church modes (16th century) and several names are still in use today — Dorian, Lydian, Mixolydian.



The interesting thing about the above scales is the fact they all share the same key signature, no flats or sharps! They are all related.

The scales which are used most often in Jazz are: Major, Dorian Minor, Dominant 7th (Mixolydian), Lydian, and Half-Diminished. Practice these first.